



12 km Trail Run

390	Alvino Cupido	1	0:44	Male
457	Erhard Sauer	2	0:48	Male
463	Jakob Volmoer	3	0:49	Male
459	Emmanuel Detaille	4	0:51	Male
478	Ola Sandh	5	0:51	Male
490	David Sheridan	6	0:51	Male
391	Essjee Rautenbach	7	0:54	Male
471	Marietjie Kohn	1	0:55	Female
472	Janine du Toit	2	0:59	Female
406	Nel Meiring	8	1:01	Male
456	Nicole Coetzee	3	1:01	Female
464	Ashwill Petersen	9	1:02	Male
485	WG Treurnicht	10	1:03	Male
392	Christine Spengler	4	1:04	Female
455	Gerda Smits	5	1:04	Female
458	Liam Viljoen	11	1:04	Male
484	Louis Schietekat	12	1:06	Male
466	Marlene Kotze	6	1:07	Female
476	Donette Rabe	7	1:08	Female
397	Hanre van Zyl	13	1:08	Male
480	Elri Coetzee	8	1:08	Female
404	Francois De Villiers	14	1:08	Male
489	Anna-mare van staden	9	1:10	Female
487	Dawn Lubbe	10	1:09	Female
479	Ina Botma	11	1:10	Female
469	Gert Swanepoel	15	1:10	Male
467	Karien van Zyl	12	1:10	Female
465	Stathis Kostas	16	1:10	Male
462	Chantel Griesel	13	1:13	Female
461	Jean-Marie Claassen	14	1:14	Female
398	Andre Swanepoel	17	1:14	Male
399	Marinelle Doms	15	1:15	Female

486	Elise Wightman	18	1:15	Male
396	Brahm Wesso	19	1:18	Male
394	Cindy Greyling	16	1:18	Female
481	Francois Boonzaaier	20	1:22	Male
488	Gert van Staden	21	1:25	Male
395	Geraldine van der Merwe	17	1:25	Female
483	Debbi Boonzaaier	18	1:27	Female
402	Adele Mynhardt	19	1:31	Female
393	Natasha Thompson	20	1:36	Female
452	Pieter Venter	22	1:38	Male
453	Helette Venter	21	1:38	Female
454	Marni Redelinghuys	22	1:38	Female
460	Fowzia Grobler	23	1:39	Female
405	Hennie Vlok	23	1:46	Male
403	Marie Hill	24	1:46	Female
401	Elna Van Der Merwe	25	1:46	Female
295	Jenni Harris	26	1:48	Female
431	Meiring Charlene	27	1:54	Female

